

CURRICULUM VITAE

Dr Angelo Rando

MBBS, FRACS (Orth)

Gold Coast Hand and Upper Limb Clinic Pty Ltd
Suite 7 Level 2
103 Nerang Street
Southport Qld 4215

Email: angelorando@gchulc.com.au

Web: www.gchulc.com.au

Phone: 07 5526 4488

Fax: 07 5526 4402

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Present Appointments 2006 –2013

Gold Coast Hand and Upper Limb Clinic Pty Ltd - *Private Practice*
Associate Clinical Professor, Department of Orthopaedics, Griffith University
Associate Clinical Professor, Physiotherapy, Griffith University

Academic Record

Degrees and Licensing:

1989-1995	University of Qld, Brisbane Faculty of Medicine
1995	Graduated Bachelor of Medicine, Bachelor of Surgery
1998	Part One Examination Surgical Fellowship Royal Australian College of Surgeons
2002	Basic Orthopaedic Science Examination Australian Orthopaedic Association
2004	Early Management Severe Trauma Examination (EMST)
2005	Part II FRACS - completed May 2005 Orthopaedics
2006	Fellow of the Royal Australasian College of Surgeons (FRACS) Orthopaedic Surgery

Academic Position

2005-2013	Clinical Associate Lecturer Griffith University - Physiotherapy Department
1995-2010	Clinical Associate Lecturer University of Queensland - Orthopaedic Department
2004	Registrar Training Program Coordinator Queensland Training Program.

2006 Registrar Training Coordinator

Orthopaedic Service Position:

2006 - 2010 Staff Specialist – Trauma and Upper Limb Surgeon
Gold Coast Hospital, Southport Qld

2006 - 2013 Gold Coast Hand and Upper Limb Clinic – Director
Suite 7, 103 Nerang Street
Southport Qld 4215
Specialising in disorders of the hand and upper limb.

Advanced Surgical Training:

2005 Advanced Orthopaedic Trainee – Year 4
QEII Hospital, Brisbane Qld
Princess Alexandra Hospital, Brisbane Qld

Clinical Associate Lecturer
University of Qld Orthopaedic Department

2004 Advanced Orthopaedic Trainee – Year 3
Mater Hospital, South Brisbane Qld
Princess Alexandra Hospital, Brisbane Qld

Clinical Associate Lecturer
University of Qld Orthopaedic Department

2003 Second Year Advanced Trainee
Gold Coast Hospital, Southport Qld

Clinical Associate Lecturer
University of Qld Orthopaedic Department

2002 First Year Advanced Trainee
Royal Brisbane Hospital, Brisbane Qld

Clinical Associate Lecturer
University of Qld Orthopaedic Department

Basic Surgical Training:

- 2001 Basic Trainee RACS
Orthopaedic Principle House Officer
Princess Alexandra Hospital, Brisbane Qld
- 2000 Basic Trainee RACS
Orthopaedic Principle House Officer
Redcliffe Hospital, Redcliffe Qld
- 1999 Basic Training RACS
Orthopaedic Principle House Officer
Cairns Base Hospital, Cairns Qld
- 1998 Basic Trainee RACS
Orthopaedic Principle House Officer
Gold Coast Hospital, Southport Qld
- 1997 Junior House Officer
Gold Coast Hospital, Southport Qld
Rotations - Orthopaedics / Intensive Care / A&E / Medicine
- 1996 Internship
Gold Coast Hospital, Southport Qld
Rotations - Medicine / Orthopaedics / Accident & Emergency /
General Surgery

Secondary Education:

- 1984-1988 Aquinas Catholic College, Gold Coast Qld
- School Prefect

Additional Qualifications:

- 2004 Early Management of Severe Trauma Course

2007	Lean Thinking Workshop
2005 - 2013	Surgical Audit and Peer Review Hospital Credentialing Clinical Governance and Evaluation of Patient Care Maintenance of Clinical Knowledge and Skill

Professional Medical Organisations

Registered with the Australian Medical Association.

Registered with the Medical Board of Australia.

Registered with the Medical Board of Queensland.

Medical Defence Association of Queensland.

Associations

Member of Australian Medical Association

Australian Orthopaedic Association - *Application under Review*

Fellow Royal Australasian College of Surgeons

Member of Queensland Hand Society

Member of Queensland Shoulder and Elbow Society

Member of Australian Shoulder and Elbow Society

Member of Australian Hand Society – *Application under Review*

Grants

- 2008 Parathyroid Hormone loaded graft Vs Iliac Crest Bone Graft - Principal investigator
Phase 2 – Multicentre, randomized controlled trial, open label (dose blinded)

Professional Involvement / Education

- 1994 – 1995 Student and Intern Representative – Gold Coast Education Committee
- 1998 AO ASIF Course on Principles of Operative Fracture Treatment
Davos, Switzerland
- 1997 Australian Orthopaedic Registrars Biomechanics Course
- 1998 AO/ASIF Advanced Course - Sydney
- 1999 Exeter Hip Course - Sydney
- 2000 Uni-compartmental Knee Course - Sydney
- 2002 Trimed and Wrist Trauma Workshop - Brisbane
- 2002 Sulzer Arthroplasty Meeting - Gold Coast
- 2003 Zimmer –Joint Arthroplasty Meeting - Gold Coast
- 2004 Scientific Seminar for the Asia Pacific
Gold Coast
- 2005 Arthroplasty and Skeletal Trauma Winter Meeting - Cairns
- 2005 Taylor Spatial Frame and Deformity Workshop
Gold Coast
- 2005 S&N 18th Annual Winter Meeting
Palm Cove, Qld

2005	QLD Hand Surgery Society Meeting Gold Coast
2005 – 2009	Supervision of Registrar Training Gold Coast Hospital, Southport
2006	Advances in Fixation for Distal Radial Fractures Brisbane
2006	Bioskills Workshop Sydney
2006	Principles of locked plates - Lectures by Bill Ricci Gold Coast,
2006	S&N Gold Coast COE Dinner Gold Coast,
2006	Sawbone Workshop Gold Coast Hospital, Southport,
2006	European Society for Shoulder and Elbow Surgery 20 th Congress Athens
2006	Birmingham Hip Cadaver Course Sydney
2006	SMR Shoulder Workshop Brisbane
2006	Australasian Limb Lengthening and Reconstruction Surgery Society Meeting and Deformity Course, Sydney
2006	Shoulder Arthroscopic and Open Surgery Cadaver Course Sydney University of NSW
2006	The International Fall Trauma Symposium - Italy
2006 - 2012	Peer Review Committee – Allamanda Private Hospital, Southport
2007	Qld Hand Surgery Society Conference Sunshine Coast
2007	S&N Australasian Masters Fracture Forum Sunshine Coast
2007	1 st AO Asia Pacific LCP Experts Seminar – Trauma Reconstruction - Bangkok
2007	LMT- Current Concepts In Upper Limb Surgery - Fiji

2007 Lean Thinking Programme, Brisbane
2007 Musculoskeletal Research

2008 Queensland Hand Surgery Society AGM

2008 Queensland Hand Surgery Society Conference, Gold Coast

2008 AOA – Hand, Wrist and Elbow – COE Meeting, Adelaide

2008 Supervision of Students – Year 4 of Medical Programme
Griffith University, Gold Coast

2008 Energy Orthopaedics – New Locking Plate Technology, Gold Coast

2008 From Trauma to Reconstruction – Wrist Course - Hawaii

2009 Advanced Concepts and Revision Surgery for Upper Limb Courses
LMT Scientific Meeting, Fiji

2009 The Medico-legal Minefield, Herston

2009 Shoulder Symposium NSW – De Puy Shoulder Meeting, Sydney

2009 Australasian Masters Fracture Forum
Sydney

2009 Prince of Wales Shoulder Course
Frenchs Forest

2009 Queensland Hand Surgery Society Conference
Sunshine Coast

2010 Qld Shoulder Society Autumn Meeting
Brisbane

2010 NSW & Qld Combined Hand Surgery Conference, The Whitsundays

2010 LMT Scientific Advances in Upper Limb Reconstruction, Fiji

2010 Synthes GCH Registrar Workshop, Southport

2010 The Australian Hand Surgery Society Dinner, Brisbane

2010 Bi-Annual Shoulder & Elbow Society of Australia Conference, Sydney

2010 Management of the Glenoid Instruction Course
Queensland University of Technology, Brisbane

- 2010 Observation of Arthroscopic Rotator Cuff Repair Procedure
Lake MacQuarie Private Hospital, Lake MacQuarie

- 2010 Locking Elbow Plate Design team – Medartis
Limited Trial release Development Team

- 2011 Australian Hand Surgery Society Annual Scientific Meeting
Quay West Bunker Bay, Western Australia

- 2011 Visiting Surgery – Dr Mark Ross, Brisbane

- 2011 Principles & Practices of Upper Limb, Repair & Reconstruction
LMT Scientific Meeting, Fiji

- 2011 Queensland Hand Surgery Society Conference, Noosa

- 2011 Observation of Wrist & Hand Surgery
- Dr Bellemere – Nantes, France
- Dr Elias Garcia - Barcelona, Spain

- 2011 Arthroscopic Management of the Shoulder
Management of the Glenoid Instructional Course
Queensland University of Technology Brisbane

- 2012 Royal North Shore Shoulder Symposium
Advance Shoulder Arthroplasty Course, Sydney

- 2012 American Society for Surgery of the Hand Chicago – Annual Meeting

- 2012 Queensland Hand Surgery Society Conference, Gold Coast

- 2012 Alex Shin (MAYO Clinic) Guest Speaker – Ligament Injuries of the Wrist

Current Research / Interests

Acute shoulder dislocations – 6 weeks splinting in 30o external rotation vs internal rotation – 2 year results 2010.

Re-dislocation rate, MRI confirmation of reduction of Bankart lesion and repeat MRI to show healing of lesion. Biannual Shoulder and Elbow Society of Australia Conference, May 2010

Lt ligament injuries association and TFCC tears.
Gold Coast Hand and Upper Limb Clinic, Southport

Ulna Carpal instability – as cause of ongoing ulna sided pain following TFCC.
Gold Coast Hand and Upper Limb Clinic, Southport

Reconstruction of ulna carpal ligaments – An investigation of new techniques to reconstruct the carpus. Griffith University Cadaver Lab.
Gold Coast Hand and Upper Limb Clinic, Southport

Wrist Aiming Jig Design & prototype testing – 2012

Lunate Replacement – Cadaver Study – Design Concept of circle or anatomical replacement.
Effect on carpal mechanics and range of motion

Podium Presentations

- 1999 Thromboprophylaxis in Orthopaedics - literature review-current concepts
Neville Davis Prize
Cairns & Brisbane, clinical meeting.
- 2001 Allograft incorporation following spinal vertabrectomy and fusion using a locked
plate
Princess Alexandra Hospital Week, Brisbane
Presented at Queensland AOA meeting.
- 2004 Massive Rotator Cuff Repairs – Clinical Review of 2 year outcomes
Presented at Queensland Orthopaedic Association Meeting
Couran Cove, Gold Coast
- 2005 Periloc plates in lower limb trauma – a new technique.
- 2006 Driving Plastered: Who Does It, Is It Safe And What To Tell Patients
Published ANZ J. Surg. 2006; 76: 439-441
Dept of Orthopaedics , Gold Coast Hospital, Southport
- 2006 Damage control Orthopaedics – changing outcomes.
Presented at Grand Rounds – Gold Coast Hospital, Southport
- 2006 Tendon Injuries of the hand/surgical technique and rehabilitation.
Presented to the Physiotherapy and Occupational
Therapy Departments, Gold Coast Hospital
- 2007 Continuous Infusion Analgesia in post-surgical distal radius fractures
Prospective, single blinded, randomized, control trial.
Research Department Princess Alexandra Hospital, Brisbane
- 2007 Pilon fractures treated with a posterolateral locking plate – articular congruency
and ankle alignment - Retrospective review of my results with this new
innovative technique.
Gold Coast Orthopaedic Meeting, Southport

- 2007 Locking plates mode of failure
Retrospective review of all locking plates applied at the Princess Alexandra Hospital, Brisbane and Gold Coast Orthopaedic Meeting, Southport
- 2008 The effect of AIN/PIN Neurectomy as an adjunct to wrist surgery on proprioception – Queensland Hand Surgery Society
- 2008 Comparison of LRTI vs CMCJ Replacement
Queensland Hand Surgery Society Conference
- 2008 – 2013 Physiotherapy Department - Griffith University
Hand Diagnosis and Management Lecture
Wrist Disorders and Management
Elbow Disorders and Management
Shoulder Disorders and Management
- 2010 Australian Shoulder & Elbow Society 2010 - External Rotation Brace
Combined with Physiotherapy for 1st time anterior shoulder dislocations; a 2 year follow-up
- 2011 LMT - Principles and Practice of Upper Limb Repair & Reconstruction Course Meeting (5 presentations)
- 1 Debate – “There is no place for Implant Arthroplasty CMCJ Thumb”
 - 2 Ulnomeniscal Homologue – A sign of greater injury to TFCC / UT ligaments and more
 - 3 Pyrocarbon Explosion in the Hand and Wrist
 - 4 Debate – “4 Corner Wrist Fusion vs Radioscapholunate Fusion”
 - 5 WorkCover Tennis elbow and Posterior Interosseous Nerve Release
- 2011 Noosa Hand Meeting, Queensland Hand Surgery Society Conference - 4 presentations.
- 1 Ulna-carpal Instability as a cause of Ulna sided wrist pan following TFCC Repair
 - 2 Foveal avulsions of the TFCC – Ideal suture placement using Suture Lasso and Pushlock Anchor
 - 3 Pyrocarbon lunate replacement – early outcome following surgery in 2 patients
 - 4 The explosion of pyrocarbon in the hand and wrist
- 2012 Queensland Hand Surgery Society Conference – 3 presentations
- 1 Lunate Replacement – Full Moon vs Half Moon Design Implants

- 2 Alternative Graft Placement for Pyrodisc Trapezial Replacement – Influence on Stability/Mobility
- 3 Failed TFCC Surgery – Findings at Revision and Outcomes

Invited Speaker

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| 2006 | Physiotherapist/Occupational Therapists Lecture
Hand Trauma/Rehabilitation
Griffith University, Southport Qld |
| 2006 | Damage Control Orthopaedics
Gold Coast Hospital, Southport Qld |
| 2007 | Trauma Workshop
Management of Trauma and Casting Techniques
Gold Coast Hospital, Southport Qld |
| 2007 | Multidisciplinary Management of Rotator Cuff Surgery
Gold Coast Hospital, Robina Qld |
| 2007 | Smith & Nephew Trauma Workshop
Gold Coast Hospital, Southport Qld |
| 2007 | Musculoskeletal Injuries of the Upper Limb
Griffith University
Gold Coast, Qld |
| 2007 | Registrar Workshop - Synthes Trauma
Course Convenor |
| 2008 | LMT Surgical Annual Conference
New technology in trauma and upper limb
Gold Coast, Qld |
| 2008 | Orthopaedic Update
Shoulder Arthroplasty and Hand Injuries |

- Allamanda Private Hospital, Southport Qld
- 2008 Smith & Nephew Trauma Workshop
Course Convenor & Presenter
Gold Coast Hospital, Southport Qld
- 2008 Management of Trauma and Casting Techniques
Course Convenor & Presenter
Gold Coast Hospital, Southport Qld
- 2008 Joint Pathology
Griffith University, Gold Coast, Qld
- 2008 Registrar Workshops – Synthes, Energy, Medarits
Course Convenor, Gold Coast Qld
- 2009 Shoulder Dislocations
Acute Conservative Management and Operative Reconstruction
GP Continuing Education
Allamanda Private Hospital, Southport Qld
- Australasian Masters Fracture Forum
Complex Upper Limb Trauma – How I manage it.
Sydney New South Wales
- 2009 Registrar Workshop - Energy - Wrist Trauma
Course Convenor
- 2010 Wrist Workshop – Registrar Training
Wrist Fracture Management Workshop
Gold Coast and Hand Upper Limb Clinic
Southport Qld
- 2010 Orthopaedic Update for Physiotherapists
Allamanda Private Hospital, Southport Qld
Q1 Building, Surfers Paradise, Qld
Management / Wrist Instability
Management of Shoulder dislocation and rotator cuff tears
- 2010 Ulnar Sided Wrist Pain & Ligament Reconstruction
Gold Coast Orthopaedics Surgeons Meeting
Gold Coast, Qld
- 2010 Hand Injuries & Shoulder Dislocations – GP Education
Royal Pines Golf Club
Ashmore, Qld

- 2010 Registrar Workshop - Hand Trauma
Medartis – Wrist Trauma
Course Convenor
- 2011 LMT Scientific Upper Limb Meeting
Ulnar Sided Wrist Pain/Predynamic Instability
Fiji
- 2011 Medartis Hand and Wrist Advanced Fixation Course, Melbourne
Faculty
- 2012 Wrist Fractures – New Concepts and Reconstructive Techniques
Journal Club - Arts Centre, Southport, Qld
- 2012 Medartis Cadeberic Wrist Fixation Course MERF Laboratory, Qld
Course Convenor

Faculty/Course Convenor

- 2011 LMT Scientific Upper Limb Meeting
Ulnar Sided Wrist Pain/Predynamic Instability
Fiji
Faculty
- 2011 Medartis Hand and Wrist Advanced Fixation Course, Melbourne
Faculty
- 2012 Medartis Cadeberic Wrist Fixation Course MERF Laboratory, Qld
Course Convenor

Published Pages

2006

“Driving Plastered – Who Does it, is it safe and what to tell patients”

ANZJ.Surg.2006;76:439-441

Department of Orthopaedics, Gold Coast Hospital, Southport Qld

“External Rotation Brace with a Physiotherapy Programme for first time anterior shoulder dislocators; a two year follow-up”

A Moxon, T Walker and A Rando

Department of Orthopaedics, Gold Coast Hospital, Southport Qld

“External Rotation Brace with a Physiotherapy Programme for first time anterior shoulder dislocators; a two year follow-up”

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A Moxon, T Walker and A Rando